



Wood County Board of Developmental Disabilities

1921 East Gypsy Lane Road
Bowling Green, OH 43402
419.352.5115

The mission of the Wood County Board of Developmental Disabilities is to support, empower, and inspire people.

To: Individuals, Age 14+, who would like to participate in Wood County Board of DD, Recreation Activities

From: Recreation Department Staff:

Jennifer Krouse	LeAnn Frankfather	Josie Mazza	Joe Bernyk
Interim Recreation/ Wellness Manager	Recreation Specialist	Recreation/ Wellness Specialist	Recreation Specialist
(419) 575-4505	(419) 575-6061	(419) 575-4275	(419) 575-4875
(419) 352-5115 ext. 7907	(419) 352-5115 Ext. 4300	(419) 352-5115 Ext. 7911	(419) 352-5115 Ext. 7900

Re: Recreation Activities for June 2022 Registration

This month's activities run Wednesday, June 1st to Thursday, June 30th.

Please read through the registration letter carefully to see which activities you would like to participate in.

- Be sure to check the days and times the events are being held.
- One-to-one or special assistance/supervision will not be provided.
- **To select your activity choices, simply check the box, "Yes, I'm interested," on the line of each event.**
- **Checks must be made out to Wood County Board of DD or to the specific vendor indicated in the description.**
- **Please do not send in payment until date specified on confirmation letter!**
- When submitting payment to the Wood County Board of DD for your activity, please send the exact amount as we are unable to make change.
- A confirmation email will be sent out by the end of May. Please read the confirmation email carefully. Some of details about activities may have changed. You may not be enrolled in all the activities you requested.
- If you do not have an email, wish to get an email setup, or need assistance with technology, please let your Service Coordinator know.
- ****If transportation is a barrier to your participation, please let your Service Coordinator know.****

****Note activities may be canceled due to weather and other circumstances, and it is possible that ticket money may be nonrefundable.**

Questions/registrations email us at recreation@woodcountydd.org.

Register Online at: www.woodcountydd.org
under Services > Recreation > Registration Ages 14+

**Registration Deadline:
Wednesday, May 25th, 2022**



RECREATION and VENTURING
CALENDAR of Activities



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>1</p> <p>10:00-11:00a Dance Workout</p> <p>1:00-2:00p TheraBand & Stretching Exercises</p> <p>4:00-5:00p Recycled Art: Polymer Clay Pots Project</p>	<p>2</p> <p>10:00-11:00a Fitness on the Lawn</p> <p>3:00-4:00p Walk the Park</p> <p>3:45-4:45p Music Therapy</p>	<p>3</p> <p>12:00-3:00p Butterfly House & Ice Cream</p> <p>6:00-8:00p Perry Falls & Mr. Freeze</p> <p>5:45-7:45p Dusty Boots</p>	<p>4</p> <p>11:00a-1:00p Brunch (Money Management & Cooking Class)</p> <p>2:00-4:00p Bowling @ Almar lanes</p> <p>5:00p-7:00p Greenhouse Group</p>
<p>5</p> <p>11:00a-3:00p Venturing: Kayak Demo Day @ Wood County Metro Parks</p>	<p>6</p> <p>11:00a-1:00p Picnic in the Park (Botanical Gardens)</p> <p>3:00-4:00p Recycled Planting Project: Pressed Flowers</p>	<p>7</p> <p>7:00-8:00p Poker Night</p>	<p>8</p> <p>10:00-11:00a Dance Workout</p> <p>1:00-2:00p TheraBand & Stretching Exercises</p> <p>2:00-3:00p Water Fun Day</p> <p>3:00-4:00 Watercolor Painting</p>	<p>9</p> <p>10:00-11:00a Fitness on the Lawn</p> <p>12:30-1:30p Greenhouse Group</p> <p>1:30-2:30p Nature Scavenger Hunt</p> <p>3:00-4:00p Walk the Park</p> <p>3:45-4:45p Music Therapy</p>	<p>10</p> <p>5:00-8:00p WCBDD Community Festival</p>	<p>11</p> <p>5:00p-7:00p Greenhouse Group</p> <p>6:00-8:00p Cookout on the Lawn</p> <p>8:00-10:00p Movie on the Lawn</p>
<p>12</p>	<p>13</p> <p>9:00a-2:00p Toledo Zoo Trip</p> <p>12:30p-2:30p Tour the 577 Foundation</p>	<p>14</p> <p>7:00-8:00p Poker Night</p>	<p>15</p> <p>10:00-11:00a Dance Workout</p> <p>1:00-2:00p TheraBand & Stretching Exercises</p> <p>1:30-2:30p Tour Simpson Garden Park</p> <p>3:30-5:00p Ice Cream Social</p>	<p>16</p> <p>10:00-11:00a Fitness on the Lawn</p> <p>12:30-1:30 Greenhouse Group</p> <p>3:00p-4:00p Greenhouse Group</p> <p>3:00-4:00p Walk the Park</p> <p>3:45-4:45p Music Therapy</p>	<p>17</p> <p>11:00a-2:00p Explore the Manor House & Picnic</p> <p>5:00-6:00p Tie Dye Extravaganza</p> <p>6:00 – 7:30p Firefly Nights Downtown BG</p>	<p>18</p>

19	20	21	22	23	24	25
	Juneteenth Holiday CLOSED				Special Olympics Summer Games (OSU)	Special Olympics Summer Games (OSU)
26	27	28	29	30		
Special Olympics Summer Games (OSU)		7:00-8:00p Poker Night	11:00a-4:00p Mud Hens Game @ 12:05	10:00-11:00a Fitness on the Lawn 4:30-6:30p BGSU Football Clinic		

In-Person Activities

Participants must Register Online for In Person Activities www.woodcountydd.org.

1) Dance Workout:

What: Burn calories while participating in various organized dance routines, examples include the cha cha slide.

When: Wednesday, June 1st, 8th, and 15th from 10:00 - 11:00am

There will not be dance workout classes on June 22nd or 29th.

Where: Meet and pick up at the Bowling Green Community Center, 1245 W Newton Rd, Bowling Green

Free Activity!

2) TheraBand and Stretching Exercises:

What: Build endurance while using TheraBand stretchy bands and learn different ways to stretch your muscles.

When: Wednesday, June 1st, 8th, and 15th from 1:00 - 2:00pm

There will not be TheraBand classes on June 22nd or 29th

Where: Meet and pick up at the Bowling Green Community Center, 1245 W Newton Rd, Bowling Green

Wear clothing and shoes that you are comfortable working out in.

Free Activity!

Capacity: Up to 8 participants

3) Recycled Art Activity:

What: Create your own polymer clay pot and decorate with recycled materials. Learn the importance of recycling.

When: Wednesday, June 1st from 4:00 - 5:00pm

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Free Activity!

Capacity: Up to 8 participants.

4) Fitness on the Lawn:

What: Participate in various exercises, light weightlifting, stretching using TheraBands and aerobics.

When: *Fitness on the lawn will not be held on June 23rd from 10:00 - 11:00am

***Fitness on the lawn will not be held on June 23rd**

Where: Meet and pick up at the Shelter House, Wood County Board of DD, 1921 E. Gypsy Lane Rd., Bowling Green. Between Buildings A & B.

Free Activity!

5) Walk the Park:

What: Get outside and walk Bowling Green's MetroParks. Enjoy the beautiful scenery while walking with friends.

When: **Thursdays in June from 3:00 - 4:00pm**

***We will not walk in the park on June 23rd and June 30th**

Where: Meet and pick up at the Bowling Green City Park, 520 Conneaut Avenue, Bowling Green

Bring: **Water bottle and wear comfy tennis shoes and clothing.**

Free Activity!

Capacity: Up to 8 participants

6) Music Therapy:

What: Join us as music therapist from Heartstring Melodies for a 5-week music exploration opportunity. Participants will get to know each other through musical interventions such as singing, instrument playing, movement and songwriting.

When: **Thursday, June 2nd, 9th & 16th & July 7th & 14th from 3:45 - 4:45pm**

Where: Meet and pick up at the Wood County Board of DD, **Entrance B**, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Free Program!

Capacity: Up to 8 participants.

7) Butterfly House and Ice Cream:

What: Come explore the Butterfly house and see spectacular Blue Morphos flying free in a colorful garden setting then enjoy a cold desert.

When: **Friday, June 3rd from 12:00 - 3:00pm**

Where: Meet and pick up at the Wood Lane School, **Nichols Therapy Pool Entrance**, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: **\$10.00 for entry to Butterfly house. Bring extra money for ice cream and for any purchases at the gift shop.**

Capacity: Up to 8 participants

8) Perry Falls and Mr. Freeze:

What: Come play a round of putt at Perry Falls and enjoy an ice cream cone afterwards with friends.

When: **Friday, June 3rd from 6:00 - 8:00pm**

Where: Meet and pick up at the Wood Lane School, **Nichols Therapy Pool Entrance**, 1921 E. Gypsy Lane Rd., Bowling Green

Bring \$6.00 for a round of golf and extra money for ice cream.

Capacity: Up to 8 participants

9) Dusty Boots Horseback Riding:

What: Head to Dusty Boots for a free horseback riding lesson.

****There is a weight limit of 260lbs. to be able to ride****

Liability forms are required to be filled out in advance.

When: **Friday, June 3rd from 5:45 - 7:45pm**

Where: Meet and pick up at the Wood Lane School, **Nichols Therapy Pool Entrance**, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: A bottle of water.

Free Activity!

Capacity: Up to 5 participants

10) Brunch Cooking Class & Money Management:

What: Learn how to budget money while enjoying a breakfast meal with friends.

When: **Saturday, June 4th from 11:00am - 1:00pm**

Where: Meet and pick up at the Wood Lane School, **Entrance A**, 1921 E. Gypsy Lane Rd., Bowling Green

Free Activity!

Capacity: Up to 8 participants

11) Bowling at Almar Lanes:

What: Play two games of Bowling with a group of friends at Almar lanes.

When: Saturday, June 4th from 2:00 - 4:00pm

Where: Meet and pick up at Almar Lanes, 1010 N Main St, Bowling Green

Bring: \$6.50 in exact change and extra money for a snack and drink.

Capacity: Up to 24 participants

12) Greenhouse Group:

What: Learn about plants, how to care for them and enjoy the fruits of your labor.

When: Saturday, June 4th from 5:00 - 7:00pm

Where: Meet and pick up at the Green House, Wood County Board of DD, 1921 E. Gypsy Lane Rd., Bowling Green. Past Entrance B.

Wear: Clothing that you can get dirty and that is appropriate for the weather. **Bring:** A bottle of water
Free Activity!

13) Venturing Activity: Kayak Demo Day at Wood County Metroparks:

What: Thinking about getting into kayaking this paddling season? Metropark staff will point out differences between boat types and features, outfit you with PFDs and paddles, and educate you on all things safe-kayaking.

When: Sunday, June 5th from 11:00 - 3:00pm

Where: Meet and pick up at the Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Free Activity!

Capacity: Up to 6 participants

14) Picnic in the Park (Toledo Botanical Gardens):

What: Spend the day with friends exploring the Botanical Gardens. Enjoy a packed lunch on the lawn of the Botanical gardens.

When: Monday, June 6th from 11:00am - 1:00pm

Where: Meet and pick up at the Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: A packed lunch

Free Activity!

Capacity: Up to 5 participants

15) Recycled Art Project:

What: Using recycled material along with fresh flowers to create a nature inspired suncatcher.

When: Monday, June 6th from 3:00 - 4:00pm

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green.

Free Activity!

Capacity: Up to 10 participants

16) Poker Night:

What: Join us for a fun-filled evening, learning how to play poker and various casino card games. Snacks will be provided.

When: Tuesdays in June from 7:00 - 8:00pm.

Poker night will not be held on June 21st.

Where: Meet and pick up at the Wood County Board of DD, Entrance B, 1921 E. Gypsy Lane Rd., Bowling Green

Free Activity!

Capacity: Up to 8 participants

17) Water Fun Day:

What: Come make a splash with water games!

When: **Wednesday, June 8th from 2:00 - 3:00pm**

Where: Meet and pick up at the Green House, Wood County Board of DD, 1921 E. Gypsy Lane Rd., Bowling Green. Past Entrance B.

Wear: **Clothing you can get wet or a swimsuit. Bring a towel and a change of clothes for after the event**
Free Activity!

18) Watercolor Painting:

What: Have fun creating a nature landscape using watercolor paint.

When: **Wednesday, June 8th from 3:00 - 4:00pm**

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Free Activity!

Capacity: Up to 8 participants.

19) Greenhouse Group:

What: Learn about plants, how to care for them and enjoy the fruits of your labor

When: **Thursday, June 9th & 16th from 12:30 - 1:30pm**

Where: Meet and pick up at the Green House, Wood County Board of DD, 1921 E. Gypsy Lane Rd., Bowling Green. Past Entrance B.

Wear: **Clothing that you can get dirty and that is appropriate for the weather. Bring a bottle of water**
Free Activity!

20) Nature Scavenger Hunt:

What: Go on an adventure and complete a scavenger hunt that is based on your natural surroundings.

When: **Thursday, June 9th from 1:30 - 2:30pm**

Where: Meet and pick up at the Green House, Wood County Board of DD, 1921 E. Gypsy Lane Rd., Bowling Green. Past Entrance B.

Free Activity!

21) Greenhouse Group:

What: Learn about plants, how to care for them and enjoy the fruits of your labor.

When: **Saturday, June 11th from 5:00 - 7:00pm**

Where: Meet and pick up at the Green House, Wood County Board of DD, 1921 E. Gypsy Lane Rd., Bowling Green. Past Entrance B.

Wear: **Clothing that you can get dirty and that is appropriate for the weather. Bring a bottle of water**
Free Activity!

22) Cook Out on the Lawn:

What: Enjoy a grilled meal while socializing with friends and playing outdoor games on the lawn of the Wood County Board.

When: **Saturday, June 11th from 6:00 - 8:00pm**

Where: Meet and pick up at the Shelter House, Wood County Board of DD, 1921 E. Gypsy Lane Rd., Bowling Green. Between Buildings A & B.

Free Activity!

Capacity: Up to 15 participants

23) Movie on the Lawn:

What: Enjoy watching a movie and snacking on popcorn on the lawn under the summer stars.

When: **Saturday, June 11th from 8:00 - 10:00pm**

Where: Meet and pick up at the Shelter House, Wood County Board of DD, 1921 E. Gypsy Lane Rd., Bowling Green. Between Buildings A & B.

Free Activity!

Capacity: Up to 15 participants

24) Toledo Zoo Trip:

What: Let the Toledo Zoo take you from the Arctic tundra to the wilds of Africa, from the tropical rainforest to the Desert and all points between—all in one great day!

When: Monday, June 13th from 9:00am - 2:00pm

Where: Meet and pick up at the Wood Lane School, **Nichols Therapy Pool Entrance**, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: \$26.00 for admission and a snack lunch.

Capacity: Up to 8 participants

25) Tour the 577 Foundation:

What: Stroll through the expansive gardens at the 577 Foundation.

When: Monday, June 13th from 12:30 - 2:30pm

Where: Meet and pick up at the Wood Lane School, **Nichols Therapy Pool Entrance**, 1921 E. Gypsy Lane Rd., Bowling Green

Wear: Comfortable shoes for walking and bring a bottle of water

Free Activity!

Capacity: Up to 4 participants

26) Tour Simpson Garden Park:

What: Explore Simpson Garden Park which features a sensory garden, Daylily walk, Willow Walk, Shade Garden and more.

When: Wednesday, June 15th from 1:30 - 2:30pm

Where: Meet and pick up at Simpson Garden Park 1291 Conneaut Ave, Bowling Green, OH 43402 (wheelchair accessible)

Wear: Comfortable shoes for walking and bring a bottle of water

Free Activity!

Capacity: Up to 4 participants

27) Ice Cream Social:

What: Enjoy a healthier alternative to ice cream. Using a yo'nana we will create our very own frozen yogurt and top it with different sundae toppings.

When: Wednesday, June 15th from 3:30 - 5:00pm

Where: Meet and pick up at the Wood Lane School, **Entrance A**, 1921 E. Gypsy Lane Rd., Bowling Green

Free Activity!

Capacity: Up to 8 participants

28) Greenhouse Group:

What: Learn about plants, how to care for them and enjoy the fruits of your labor.

When: Thursday, June 16th from 3:00 - 4:00pm

Where: Meet and pick up at the **Green House**, Wood County Board of DD, 1921 E. Gypsy Lane Rd., Bowling Green. Past Entrance B.

Wear: Clothing that you can get dirty and that is appropriate for the weather. Bring a bottle of water

Free Activity!

29) Explore the Manor House at Wildwood Metropark & Picnic:

What: Hear the story behind the fabled Manor House and grounds on a free 45-minute guided tour of Wildwood's 30,000+ sq. ft., Depression-era home. Then enjoy a picnic lunch at the park.

When: Friday, June 17th from 11:00am - 2:00pm

Where: Meet and pick up at the Wood Lane School, **Nichols Therapy Pool Entrance**, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Sack lunch and drink.

Free Activity!

Capacity: Up to 5 participants

30) Tie Dye Extravaganza!

What: Learn different techniques of Tie Dyeing your favorite t-shirt and meet new friends.

When: Friday, June 17th from 5:00 - 6:00pm

Where: Meet and pick up at the Shelter House, Wood County Board of DD, 1921 E. Gypsy Lane Rd., Bowling Green. Between Buildings A & B.

Free Activity!

Capacity: Up to 10 participants

31) Firefly Nights-Downtown Bowling Green:

What: You'll love all that Firefly Nights has to offer! From live music to outdoor dining, good times with friends.

When: Friday, June 17th from 6:00 - 7:30pm

Where: Meet and pick up at the Wood County Public Library, located at 251 North Main St., Bowling Green

Bring: Money for dinner and any other purchases.

Capacity: Up to 6 participants

32) Mud Hens Game:

What: See the Toledo Mud Hens take on the Nashville Sounds at Fifth Third Field.

When: Wednesday, June 29th from 11:00am - 4:00 pm

Where: Meet and pick up at the Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Cost: \$15.00 which is due upon arrival!

Bring: Money for concessions and any additional purchases.

Capacity: Up to 8 participants

BGSU Football Clinic:

What: Participate in football drills led by the BGSU Football team and coaching staff.

*For ALL individuals age 8 and up served by any Northwestern Ohio Board of DD.

When: Thursday, June 30th from 4:30 - 6:30pm

Where: BGSU Practice Fields by the Doyt Stadium.

*Event will move to Perry Field House if it rains.

Please [CLICK HERE to SIGN-UP!](#)

Registration Deadline for this event: Tuesday, June 21st



NO REGISTRATION Needed for the following activities:

Aktion Club:

What: Aktion Club is a service group for people with disabilities. The mission is to provide adults living with disabilities an opportunity to develop initiative, leadership skills, and to serve their communities. We partner with many local organizations to give back to our Wood County Community and help at soup kitchens, build houses with Habitat for Humanity, and more!

When: Meetings are the 1st and 3rd Tuesdays of every month from 3:45 - 4:30pm

To learn more, contact Linda Cox at lcx@woodcountydd.org or Rhonda Kendall at rkendall@woodcountydd.org.

People First:

What: An advocacy group for people with developmental disabilities who are passionate about educating others about disabilities and creating positive change within our community.

When: Meetings are the 2nd and 4th Tuesdays of every month from 3:45 - 4:30pm

To learn more, contact Emily Dunipace at edunipace@woodcountydd.org or Avery Kamer at akamer@woodcountydd.org.